

Learning Pod Self Reflection

Please answer the following questions in this document in preparation for your initial team meeting. This information will allow your team members to get to know how you work best so that the group can make team agreements that work for all.

What is your preferred mode of remote communication?

Zoom/email

What are your communication strengths?

I think I am good at actively listening to others and their ideas/criticism.

What are your communication weaknesses? Where would you like to grow?

I think I could be more clear and concise with my thoughts.

Do you consider yourself an introvert or extrovert?

Introvert

What time zone are you in?

PST

What time of day do you prefer doing academic work?

Morning/early afternoons

When you are upset do you tend to share this with others or keep it to yourself?

I will relay my options in a respectful manner.

What do you like about group work?

Getting to hear others unique perspectives and ideas on a topic.

What don't you like about group work?

When a group member neglects to complete their roles/portions in the assignment.

What else would you like your team to know?

I am friendly- ask me anything!